

2017 JAG GYM CAMP SCHEDULE

PRESCHOOL		SCHOOL/OLDER		DIAMOND	
8:30-9:00	Soft drop and warm-up	8:30-8:45	Warm-up	2:30-2:45	Check-out
9:00-9:50	Gym time	8:45	Split into groups	2:45-3:45	Gym time
9:50-10:00	Restroom, wash	8:45-10:20	Gym time	3:45-4:05	Snack
10:00-10:30	Snack	10:20-10:30	Restroom, wash	4:05-5:00	Gym time
10:30-11:20	Gym time	10:30-11:00	Snack		
11:20-11:30	Restroom, wash	11:00-12:15	Gym time		
11:30-12:15	Lunch - half day pick-up	12:15-12:20	Restroom, wash		
12:15-1:15	Gym time	12:20-1:00	Lunch		
1:15-1:20	Restroom, wash	1:00-2:23	Gym time		
1:20-1:50	Snack/craft	2:23-2:30	Cha cha slide		
1:50-2:23	Gym time				
2:23-2:30	Cha cha slide				

FRIDAY T-SHIRT SIGNING

PRESCHOOL - DURING AFTERNOON CRAFT TIME

SCHOOL/OLDER - AFTER LUNCH